Dear Parents,

What a wonderful night Friday night the 12th of February was. The family night, or “Hot February Night” as we call it, was lots of fun. Thank you to the Parents & Friends who organised the event. The children had a ball, lots of families attended and parents had a great catch up and welcomed new families. With a backdrop of happy kids and good music on a summers evening, it was a really good opportunity to build community and enjoy each other’s company, and I hope it is a tradition we can continue for next year.

Thought for the week—A lesson from the Geese

As each bird flaps it wings, it creates an ‘uplift’ for the birds following. By following in a ‘V’ direction the whole flock adds 71% flying range than if each bird flew alone.

Lesson—
People who share a common direction and sense of community can get where they are going quicker and easier because they are travelling on the thrust of the other.

Whenever a goose falls out of formation, it suddenly feels the drag and resistance of trying to fly alone, and quickly gets back into formation to take advantage of the ‘lifting power’ of each bird immediately in front.

Lesson—
If we have as much sense as a goose, we will stay in formation with those who are headed where we want to go.

When the lead goose goes tired, it rotates back into the formation and another goose flies at the point position.

Lesson—
It pays to take turns doing the hard tasks, and sharing leadership - with people as with geese, interdependent with each other.

The geese in formation honk from behind to encourage those up front to keep up their speed.

Lesson—
We need to be sure our honking from behind is encouraging - not something less helpful.

When a goose gets sick or wounded or shot down, two geese drop out of formation and follow him down to help and protect him. They stay with him until he is either able to fly again or dies. Then they launch out on their own, with another formation or to catch up with their own flock.

Lesson—
If we have as much sense as the geese, we’ll stand by each other like that.

Principal’s News

Reading: Romans 15:7
“May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ.”

Let us work together as a community to achieve great things for our children.
At school, at home and in the community we can put these lessons to good use to create an environment which supports growth and risk taking in our children.

A wonderful example of this is our before school, swimming training and girls only cricket training sessions which have been a huge success with as many as 50 students turning up for morning swimming training and 21 young ladies turning up for cricket. We have received great support from parents and siblings in training children and preparing breakfast, which has been outstanding. This support makes the organising staff feel their efforts are appreciated. Well done to everyone involved.

LENT is a time to try and be a BETTER PERSON. Being an example of Jesus to people you come in contact with each day.

One of our main aims in MJR for this year is How are we growing as a person in 2016? What sort of personal skills do our students need to have by the end of the year?

One way to be a better person is by being friendlier and using more eye contact. Welcoming staff and parents with a greeting and using people’s names are other ways. Encourage children to use eye contact with younger students and a high five, wave and smile.

Another challenge for your children is for them to get out of their comfort zone with friends and try to make new friends.

Canteen
Please consider volunteering to help out in the canteen. If you can help out, please contact administration staff either by email (admin@stpatsfremantle.wa.edu.au) or by telephone on 9335 5215.

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<tr>
<th>Date</th>
<th>Volunteer</th>
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<tr>
<td>Friday 26th February</td>
<td>Frank Scarvaci</td>
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<tr>
<td>Wednesday 2nd March</td>
<td>Need a volunteer</td>
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<td>Friday 4th March</td>
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<td>Wednesday 9th March</td>
<td>Need a volunteer</td>
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<tr>
<td>Friday 11th March</td>
<td>Need a volunteer</td>
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Speaking of food, please avoid sending any food to school that contains nuts.

There are several students in our school who have allergies to nuts so your consideration with this would be much appreciated.
**Prayer**

**Jubilee of Mercy**

Lord Jesus Christ,

you have taught us to be merciful

like the heavenly Father,

and have told us that whoever sees you

sees him.

Show us your face and we will be saved.

Send your Spirit to consecrate us

in this year of grace

So that you Church, with renewed enthusiasm,

May bring good news to the poor,

proclaim liberty to captives and the oppressed,

and restore sight to the blind.

We ask this through

the intercession of Mary, Mother of Mercy.

Amen

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**Meet our new St Patrick’s Year 6 Captains for 2016**

Amelia—Jacob—Brennan—Bridie—Lucy—Ziggy—Jessica—Tristan—Sophia

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**From the School Health Nurse**

Child and Adolescent Community Health (CACH) recently launched the ‘Parent and Family Network’, an exciting new initiative to involve parents and carers in the planning and delivery of services.

The Parent and Family Network is an email network for parents and carers with children aged 0-18yrs in the Perth metro area, to provide ongoing input, ideas and feedback on our services (i.e. child health nurses, school health nurses, speech therapy, physiotherapy). All Network members will receive:

- Bi-monthly e-bulletins
- Invitations to share ideas and feedback on our services (i.e. surveys and focus groups).
- Invitations to special Network member events


**Kindy Enrolments for 2017**

If your child was born between 1st July 2012 and 30th June 2013 they are eligible for 4 Year Old Kindergarten in 2017.

Children born 1st July 2013 to 30th June 2014 are eligible to attend Pre Kindy in 2017.

Please call into the school office to collect your enrolment form or for more information.
Lenten Message

In Isaiah chapter 58, the fasting that God requires is described as one which promotes justice, frees the oppressed, shares our bread with the hungry, looks after the homeless, and restores broken relationships. In this Holy Year of Mercy we are reminded of the Corporal Acts of Mercy, which also call us to feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, and visit the sick and the imprisoned.

For people living with a disability, and living in extreme poverty, there is a difficult cycle to break. Globally, 150 million children live with a disability and subsequently face reduced access to schools, health care, recreation and opportunities for work. Families are also affected, with mothers like Duangmala faced with intensive care of her son, and struggling to manage on her own.

The Caritas-supported school in Laos for children with intellectual disabilities, like Hum Noy, has also opened up new opportunities for Duangmala. She has received further training and become a teacher there.

Now with a livelihood to support her family, Duangmala is able to use her skills to nurture the development of her son and the other students. “It’s important to use our knowledge to help our children grow and develop,” she says. “I’m proud that my child has a chance to learn and that I am able to help other children through my work.”

Daily Readings: Jer 17:5-10; Lk 16:19-31

Around St Pat’s

This week around St Pat’s we’ve been learning how to resuscitate our friends, courtesy of a St John Ambulance training course; improve our swimming at training; and enjoy “girl power” with our Girls in2 Cricket programme.
CELEBRATE
ST PATRICK'S DAY 2016
WITH OUR EXTENDED FREMANTLE CATHOLIC COMMUNITY

TO ALL FAMILIES (PRE-K TO 6) OF ST PATRICK’S SCHOOL AND BASILICA COMMUNITY

You are invited to attend a special St Patrick’s Day Mass in the Basilica at 5pm 13 March 2016

This will be followed by a SHARED MEAL
In the Basilica Parish Hall
BYO drinks and a plate/platter to share.
Coffee and Tea provided

Enjoy some toe-tapping Irish music during the celebration

Don’t forget our annual Green Dress-Up Competition
with prizes for best dressed.
Categories include... Greenest, Most Irish, Funniest Leprechaun.

Plan now to attend this wonderful celebration of our Patron, Saint Patrick, with all the groups within the Fremantle Catholic Community who bear his name.

We look forward to seeing you there
For more information, please call Philippa Colgan on
0431 929 739 or at pacolgan@hotmail.com
P & F News

Well I am sure I am not the only one that had a sigh of relief on Monday morning, thank goodness the last fortnight is done.

Thank you for everyone who came along on Friday 12th February to our Hot Summers Night, P&F Welcome Back to the school year. The weather decided to be kind to us and besides a little too much breeze it was perfect conditions. Beats Working belted out some great tunes while families chatted and ate pizza, children danced and played as the sun went down. We look forward to more families coming along to this event next year.

A big thank you to Mr Yorke who gave up some of his time on the weekend to put together two table settings that the P&F purchased at the end of last year for the children to use in the playground. We have one more setting a lot larger that will be up shortly for the children to use.

Term 1 P&F Meeting
The date for Term 1 P&F Meeting has been set and will be held on Tuesday 22nd March at 7pm in the Staff Room. We would love as many of you to attend so please pop this date into your diaries.

Facebook
Don’t forget to like us on Facebook, “St Pats Fremantle Parents and Friends”. We do try to communicate via a few mediums in order to capture as many families and friends from the school. We will always post events and important messages on there.

Upcoming Social Activities

St Patrick Day Celebration – Watch out in the next newsletter for more information on the Parish Celebration and School Celebration.

Pre Primary Class Fundraiser - The first of the class fundraisers is being held this Term. The Pre Primary Class will be running an Easter Raffle and tickets will be on sale shortly for you to purchase. Tickets will be on sale before school and at school assemblies. The raffle will be drawn on Thursday 24th March.

The Pre Primary Class will also be holding a cake stall on Thursday 24th March at recess and so we ask that you allow your children to bring along a few dollars so they can purchase a treat at the stall.

School Disco – The school disco will be held on Friday 1st April in the Parish Hall. Pre Primary to Year 3 will be held from 4.30pm – 5.30pm. Dinner will be served to all children at 5.30pm. Year 4 to Year 6 will run from 6.15pm to 7.30pm. Cost is $5 which includes a sausage sizzle and drinks. Notes will come home with the children on Monday 21st March and will need to be back by the 30th March. With Easter in the middle we really would love the forms pack as soon as possible once given out.

Peta Evans
P&F President, on behalf of the P&F Exec Committee
CBC Fremantle Open Day
At CBC Fremantle, boys learn how to become good men. Rich in heritage and a unique part of the Fremantle community, the College supports students to become leaders and true gentlemen who, informed by Christian values with a strong sense of justice, are prepared to shape a better world.

CBC Fremantle invites you to attend our Open Day on Tuesday 15 March 2016. The tours commence at 2.00pm and 4.00pm and provide a unique opportunity to see the College and meet some of the staff and students.

To register, visit the College website www.cbcfremantle.wa.edu.au and click on the Events Quick Link. Enquiries: events@cbcfremantle.wa.edu.au
51 Ellen Street, Fremantle WA 6160

Seton College Open Day
Prospective students and parents are invited to visit the College and view the wide range of resources and facilities at the College Open Day, Wednesday 2 March 3.40pm to 6.30pm.

Guided tours of the campus will leave the Administration Block at 10 minute intervals commencing at 3.40pm. The final tour will commence at 6.00pm. Tour duration is approximately 1 hour.

Go to www.seton.wa.edu.au for more information.

Mums and Bubs Support Group
ELLEN HEALTH Pregnant and New Mums n Bubs support group....... We are meeting the next four Tuesdays (23 Feb, 1, 8, 15 March) at the MEETING PLACE, 245 South Terrace (corner Jenkins Street), South Fremantle. 11:00 am - 1 pm ...Come along for a cuppa, chat and share. No cost, but feel free to bring along a snack or plate to share if you like. All local Mums are welcome, even if you don't attend Ellen Health, you are welcome to come and meet other new mums. This is a community support initiative. Each week a member of the Ellen Health team will come along to facilitate. (Watch this space as group times and places may change.) Enquiries to support@ellenhealth.com.au